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# Over The Counter 5 Sept 2022: Self-Care Regulation After COVID, With Haleon/GSCF's Ian Urquhart

by [David Ridley](#)

In this episode, HBW Insight talks to Haleon's global head of regulatory intelligence and policy, Ian Urquhart, about the innovative and flexible approaches that regulators took to ensuring access to medicines during the coronavirus pandemic. Urquhart speaks about his work with the Global Self-Care Federation, where the regulatory affairs committee which he chairs has been looking into what happened during the pandemic and drawing lessons for the future. Strengthening supply chains, Rx-to-OTC switch and e-commerce are all on the agenda for the organization, which has published a series of papers in these areas to inform future self-care policy and regulation across the world.

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