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# Over The Counter, 22 June 2021: CBD In Europe, What's Going On? With CBD Expert Steve Oliver

by [David Ridley](#)

In this edition of HBW Insight's new 'Over The Counter' podcast, David Ridley (Senior Editor, EU), talks to The Canna Consultants' Steve Oliver about the current state of CBD regulation in the UK and European Union.

HBW Insight speaks to The Canna Consultants' Steve Oliver about what is going on with the hundreds of CBD novel food applications submitted to the UK Food Standards Agency and why only four synthetic CBD novel food applications have been validated by the European Commission so far.

We also consider the possibility of CBD becoming an OTC medicinal ingredient in the future.

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## Recommended Reading:

[German CBD Regulation 'Moving Slowly In The Right Direction'](#)

[Science-Based THC Limits 'Urgently Needed' For EU To Compete In Global CBD Market](#)

[UK CBD Limbo Continues – Full List Of 'Legal' Products Delayed Until June](#)

[UK's 'Muddled' CBD Regulation Open To Legal Challenge](#)

*The Future Of Europe's CBD Market Lies With Big Pharma And OTC Pathway*

*UK CBD Industry Could Be Shackled By Strict Limits For Controlled Cannabinoids*

*Rx-To-OTC Switch, Digitalization And CBD High On The Agenda For UK Industry In 2021*

*Europe's CBD Market In 2020: Narcotic Vs Novel Food*